

USEFUL PHONE NUMBERS

TAXI: STIRLING SERVICES	07875033258
BODMIN TAXIS	01208 73000
CALL-A-CAB PADSTOW	01841 521184

BABYSITTING:HELEN (we know her)	07854179110
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HAIRDRESSERS:CHRISTINE'S, CONSTANTINE BAY	01841 520701
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LOCAL SHOPS

CONSTANTINE BAY STORES	01841 520573
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CONSTANTINE BAY SURF SHOP	01841 520250
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PADSTOW FARM SHOP	01841 533060
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BRE-PEN FARM SHOP, MAWGAN PORTH	01637 860420
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THE SHOP AT SHOP, ST MERRYIN	01841 520562
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ST MERRYIN STORES	01841 520473
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TESCOS, PADSTOW	01841 584700
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FOOD/RESTAURANTS (some of our favourites)

FRYER TUCKS FISH AND CHIPS, ST MERRYIN	01841 520724
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STEINS RESTAURANTS/FISH AND CHIPS	01841 532700
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THE OLIVE TREE, ST MERRYIN	01841 521560
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ROSEL & CO, ST MERRYIN	01841 521289
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WAVES, ST MERRYIN	01841 520501
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CUSTARD, PADSTOW	01841 532565
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CORNISH ARMS (FOOD BY RICK STEIN) ST MERRYIN	01841529288/532700
TREVOSE GOLF CLUB	01841 520208
CARNEWAS TEAROOM,BEDRUTHAN STEPS	01637 860701
ST KEW INN, St Kew	01208 841259
MARGOTS BISTRO, PADSTOW	01841 533441

LEISURE

CONSTANTINE BAY SURF SCHOOL	07837488083
TREVOSE GOLF CLUB – for golf, tennis, swimming pool	01841 520208
St ENODOC GOLF CLUB	01208 863216
OLD MACDONALDS FARM, PORTHCOTHAN (excellent for young children)	01841 540829
CREALYS ADVENTURE PARK	01841 540276
ATLANTIC REACH, indoor swimming pool	01726 880775
DRAGON CENTRE, BODMIN (indoor sports)	01208 75715
WADEBRIDGE LEISURE CENTRE (indoor swimming pool etc)	01208 814980
CONSTANTINE BAY SURF SHOP	01841 520250
RIDING STABLES: TRESALLYN STABLES	01841 520454
SPRINGFIELDS FARM AND PONY PARK	01637 881224